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SOCKS . MEILENWEIT 100 MERINO HAND-DYED

Design 14 – Hand-dyed 02

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Size 36/37 (38/39)

Instructions are given for smaller size. Figure in parenthesis refers to larger size. When only one figure is given, it applies to both sizes. Refer to size chart for additional sizes.

Materials: 100 g of Lana Grossa **Meilenweit 100 Merino hand-dyed** (80% pure wool, 20% polyamide; 420 m/100 g) in raspberry red/pink/raw white/subtle yellow (**col 1**) or Pumpkin orange/yellow gold/raw white/powder rose/turquoise (**col 2**) or slate gray/raw white/antique pink/light blue/purple (**col 3**) or coral red/salmon red/raw white/powder rose (**col 4**) or blackberry/berry red/raw white/light yellow (**col 5**) or fir green/Sage green/raw white/powder rose (**col 6**). One set size 2 – 2.5 mm double-pointed needles [dpns].

Slip stitch rib: Multiple of 2. Rnd 1: * P1, k1; rep from * around. Rnd 2: * P1, sl 1 pwise wyib; rep from * around. Rep rnds 1 and 2 for slip st rib.

Main patt: Multiple of 4. Rnd 1: * K1, sl 1 pwise wyib, k2; rep from * around. Rnd 2: * P1, sl 1 pwise wyib, p2; rep from * around. Rnds 3 and 4: Knit all sts. Rep rnds 1 – 4 for main patt.

St st: K on RS, p on WS; k every rnd.

Gauge: 30 sts and 42 rows/rnds = 10 x 10 cm in St st on size 2 – 2.5 mm needles.

Socks: Make 2 alike. With size 2 – 2.5 mm dpns and desired color, cast on 60 sts. Arrange sts evenly on 4 needles = 15 sts per needle, place beg of rnd marker and join for working in rnds. Beg of rnd is between first and 4th needle. Knit 3 rnds, work slip st rib for 11 rnds. Work main patt for 4 cm. Next 4 rnds: Work sts on first and 4th needle in St st, work sts on 2nd and 3rd needle in main patt as established. Leaving sts on 2nd and 3rd needle on hold, work yo-yo heel across sts on first and 4th needle, back and forth in rows. Next, working sts on first and 4th needle in St st and sts on 2nd and 3rd needle in main patt, work even for foot until foot meas 18.5 (20) cm or desired length. Next, working all sts in St st, work banded toe as foll: Rnd 1 (dec rnd): Knit to last 3 sts on first needle, k2tog, knit last st on first needle; knit first st on 2nd needle, skp, knit to end of 2nd needle; knit to last 3 sts on 3rd needle, k2tog, knit last st on 3rd needle; knit first st on 4th needle, skp, knit to end of 4th needle. Work 3 rnds even, rep dec rnd. [Work 2 rnds even, rep dec rnd] 2 times. [Work 1 rnd even rep dec rnd] 3 times, then work dec rnd every rnd until 8 sts rem. Cut yarn and pull yarn tail twice through rem sts. Pull tight and weave in end.

BASIC KNITTING INSTRUCTION

FOR SOCKS

Yo-Yo-Heel



The yo-yo heel is worked in St st, back and forth in rows, across sts on first and 4th needle. Divide heel sts into 3 sections.

First half of heel:

Row 1 (RS): Knit across sts on 4th and first needle, turn work.

Row 2 (WS): Work 'double stitch' (dbl st): Sl 1 as if to purl with yarn in front of work, bring yarn to back of work over top of the needle and pull it **very** tightly; this will rotate the st to the back of the needle so that both 'legs' of the st from the row below are now on the needle, then purl across remaining sts on the first needle and all stitches on the 4th needle. Turn work.

Row 3: Work dbl st, knit remaining sts on 4th and first needle to last stitch (= dbl st which remains unworked), turn work.

Row 4: Work dbl st, purl to last st (= dbl st which remains unworked), turn work.

Repeat rows 3 and 4 until sts on either side of center section have been worked as dbl sts.

Next, work 2 rnds across sts on all 4 needles, working sts on 2nd and 3rd needle in patt as established and sts on 4th and first needle in St st. Work all dbl sts as one st by inserting needle into both strands and knitting them together.

Next, you will work the **second half** of the heel as follows:

Row 1 (RS): Knit to end of the center section, turn work.

Row 2 (WS): Work dbl st, purl to end of the center section, turn work.

Row 3: Work dbl st, knit to next dbl st, insert needle into both strands and knit them together, k1, turn work.

Row 4: Work dbl st, purl to next dbl st, insert needle into both strands and purl them together, p1, turn work.

Repeat rows 3 and 4 until dbl sts have been worked to each edge.

After the last WS row has been worked, turn work, work one more dbl st, knit the remaining stitches on the 4th needle, then continue to work in rounds. On first round, work the dbl st as instructed.

Size chart for socks worked with Meilenweit 4-ply (420 m/100 g or 210 m/50 g)

Gauge: 28 sts and 40 rows/rnds = 10 x 10 cm

Size	22/23	24/25	26/27	28/29	30/31	32/33	34/35	36/37	38/39	40/41	42/43	44/45	46/47
Number of sts to cast on/ sts per needle	44/11	48/12	48/12	52/13	52/13	56/14	56/14	60/15	60/15	64/16	64/16	68/17	72/18
Number of sts for heel	22	24	24	26	26	28	28	30	30	32	32	34	36
Number of sts in each heel section	7/8/7	8/8/8	8/8/8	8/10/8	8/10/8	9/10/9	9/10/9	10/10/10	10/10/10	10/12/10	10/12/10	11/12/11	12/12/12
Number of rows for heel (traditional heel)	20	22	22	24	24	26	26	28	28	30	30	32	34
Number of sts in center heel section (traditional heel)	8	8	8	8	8	10	10	10	10	10	10	12	12
Number of sts in center heel section (heart-shaped heel)	8	8	8	10	10	10	10	10	10	12	12	12	12
Number of sts to be picked up for gusset (traditional and heart-shaped heel)	11	12	12	13	13	14	14	15	15	16	16	17	18
Length of foot in cm from center of heel to toe	11,5	12,5	14	14	15,5	17	18	18,5	20	21	22	22,5	24
Length of foot in cm from center of heel to toe (heart-shaped heel)	10,5	11	12	13,5	14,5	16	17	18	19	20,5	21	22,5	24,5
Decrease for banded toe on 3rd rnd after first decrease round								1x	1x	1x	1x	1x	1x
Then every 3rd rnd	1x	1x	1x	2x	2x	2x	2x	2x	2x	2x	2x	2x	2x
Then every alt rnd	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	3x	4x	4x
Then every foll rnd	4x	5x	5x	5x	5x	6x	6x	6x	6x	7x	7x	7x	8x
Total length of foot in cm	14,5	15,5	17	18	19,5	21	22	23,5	25	26,5	27,5	28,5	30

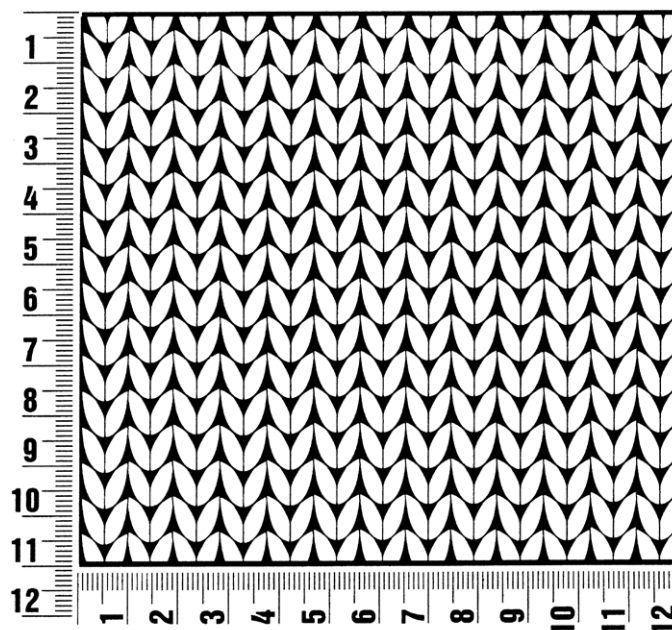
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Gauge Swatch

Before you begin ...

...make a gauge swatch. Use the recommended needles, yarns and pattern stitch for your gauge swatch. It should measure approx. 12 cm x 12 cm. Cast-on and bind-off rows, as well as selvage stitches should not be included in the measurement. Pin your swatch and block it as you would the finished pieces of the garment. Count stitches and rows over 10 cm. If your gauge swatch is too small, switch to larger needles. If your gauge swatch is too big, switch to smaller needles.



Abbreviations

beg = begin(ning) · **ch** = chain · **cont** = continue · **dec** = decreas(e)(ing) · **inc** = increas(e)(ing) · **k** = knit · **kwise** = as if to knit
meas = measures · **M1L** = lift strand between sts from front to back and knit this strand through the back loop · **M1R** = lift strand between sts from the back and knit this strand through the front loop · **patt** = pattern · **pm** = place marker · **p** = purl
pwise = as if to purl · **rem** = remain(ing) · **rep** = repeat(s) · **rev St st** = reverse stockinette stitch · **rnd(s)** = round(s) · **RS** = right side · **sc** = single crochet · **skp** = slip 1 stitch as if to knit, knit 1 stitch, pass slipped stitch over knitted stitch · **sk2p** = slip 1 stitch as if to knit, knit 2 together, pass slipped stitch over knitted stitch · **s2kp** = slip 2 stitches as if to knit, k 1 stitch, pass slipped stitches over knitted stitch · **sl** = slip · **st(s)** = stitch(es) · **St st** = stockinette stitch · **tbl** = through the back loop · **tog** = together · **wyib** = with yarn in back of work · **wyif** = with yarn in front of work · **WS** = wrong side · **yo(s)** = yarn over(s)

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