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Design 10 – Nordic Knits 2

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**PULLOVER  
ECOPUNO**

# PULLOVER · ECOPUNO

## Design 10 – Nordic Knits 2



**Size** 36/38 (40/42, 44/46, 48/50)

Instructions are given for first size. Figures in parenthesis refer to larger sizes. When only one figure is given, it applies to all sizes.

**Materials:** 500 (550, 600, 650) g of **Lana Grossa Ecopuno**

(72% cotton, 17% Merino wool, 11% baby alpaca; 215 m/50 g) in **Lilac (col 8)**. Size 4 and 4.5 mm circular needles, each 40 and 80/100 cm long; stitch markers.

**Note:** Work with 2 strands held tog throughout.

**Rib patt:** P1, k1.

**St st:** K on RS, p on WS; k every rnd.

**Gauges:** 18.5 sts and 24 rows/rnds = 10 x 10 cm in St st with size 4.5 mm needles and 2 strands held tog; 22 sts and 28 rnds = 10 x 10 cm in rib patt with size 4 mm needles and 2 strands held tog.

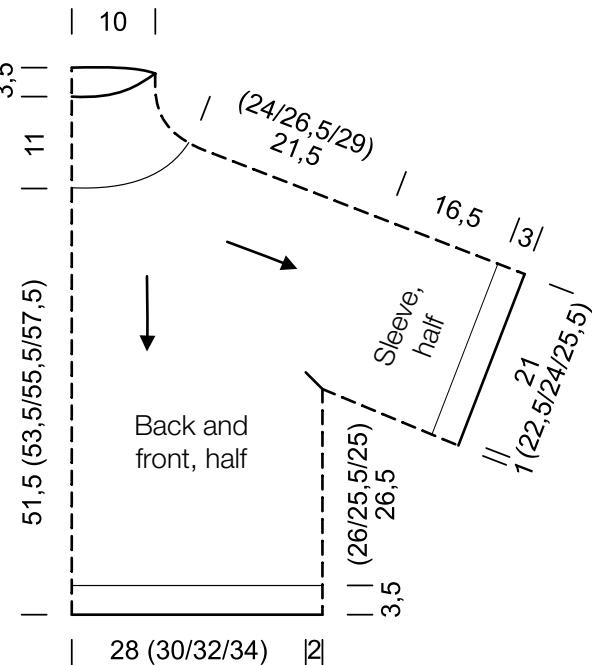
**Pullover:** Worked in the rnd from the top down. Arrow on schematic shows direction of work. **Collar:** With shorter size 4 mm circular needle and 2 strands held tog cast on 90 sts. Place beg of rnd marker and join for working in rnds. Work in rib patt for 12 cm, increasing 40 sts evenly on last rnd = 130 sts. **Yoke:** Change to shorter size 4.5 mm circular needle and work in St st for 3 rnds. Next inc rnd: \* K4, k1f&b; rep from \* around = 26 sts increased and 156 sts total. Work even for 5 rnds. Next inc rnd: \* K5, k1f&b; rep from \* around = 182 sts. Work even for 5 rnds. Next inc rnd: \* K6, k1f&b; rep from \* around = 208 sts. Work even for 5 rnds. Next inc rnd: \* K7, k1f&b; rep from \* around = 234 sts. Work even for 5 rnds. Next inc rnd: \* K8, k1f&b; rep from \* around = 260 sts. Work even for 5 rnds. Next inc rnd: \* K9, k1f&b; rep from \* around = 286 sts. Work even for 5 rnds. Next inc rnd: \* K10, k1f&b; rep from \* around = 312 sts. Work even for 5 rnds. Next inc rnd: \* K11, k1f&b; rep from \* around = 338 sts. Work even for 5 rnds. Next inc rnd: \* K12, k1f&b; rep from \* around = 364 sts. **For size 40/42, 44/46 and 48/50 only:** Work even for 5 rnds. Next inc rnd: \* K13, k1f&b; rep from \* around = 390 sts.

**For size 44/46 and 48/50 only:** Work even for 5 rnds. Next inc rnd: \* K14, k1f&b; rep from \* around = 416 sts. **For size 48/50 only:** Work even for 5 rnds. Next inc rnd: \* K15, k1f&b; rep from \* around = 442 sts. Work even for 2 rnds. Next, work back and forth in rows across back sts only to raise the back neck as foll: Turn work. Next row (WS): P103 (111, 119, 127)

p1f&b. Next row (RS): Knit to last st, k1f&b. Rep last 2 rows 3 more times for a total of 8 rows, ending with a RS row and 112 (120, 128, 136) sts. Do not turn work, but cont in rnds and divide for body and sleeves as foll: Next rnd: Place next 78 (83, 88, 93) sts on holder for sleeve, cast on 2 sts for underarm, pm, cast on 2 sts for underarm, work 104 (112, 120, 128) front sts, place next 78 (83, 88, 93) sts on holder for sleeve, cast on 2 sts for underarm, pm, cast on 2 sts for underarm = 224 (240, 256, 272) sts for body. Work in St st until piece meas 26.5 (26, 25.5, 25) cm from underarm or desired length. Change to size 4 mm circular needle. Work in rib patt for 3.5 cm. Bind off all sts.

**Sleeves:** With shorter size 4.5 mm circular needle and RS facing, beg at center of underarm, pick up and k2 sts along underarm cast-on, work 78 (83, 88, 93) held sleeve sts, pick up and k2 sts along underarm cast-on = 82 (87, 92, 97) sts. Join for working in rnds. Work in St st until piece meas 16.5 cm from underarm. Change to shorter size 4 mm circular needle. Work in rib patt for 3 cm. Bind off all sts.

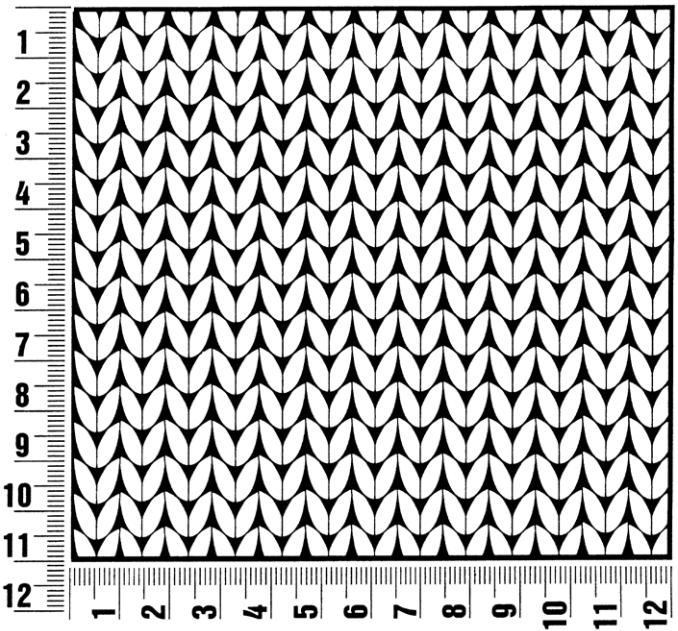
**Finishing:** Sew underarm seams. Carefully weave in all ends. Pin piece to measurements and block.



## Gauge Swatch

### Before you begin ...

...make a gauge swatch. Use the recommended needles, yarns and pattern stitch for your gauge swatch. It should measure approx. 12 cm x 12 cm. Cast-on and bind-off rows, as well as selavage stitches should not be included in the measurement. Pin your swatch and block it as you would the finished pieces of the garment. Count stitches and rows over 10 cm. If your gauge swatch is too small, switch to larger needles. If your gauge swatch is too big, switch to smaller needles.



## Abbreviations

**beg** = begin(ning) · **ch** = chain · **cont** = continue · **dec** = decreas(e)(ing) · **inc** = increas(e)(ing) · **k** = knit · **kwise** = as if to knit  
**meas** = measures · **M1L** = lift strand between sts from front to back and knit this strand through the back loop · **M1R** = lift strand between sts from the back and knit this strand through the front loop · **patt** = pattern · **pm** = place marker · **p** = purl  
**pwise** = as if to purl · **rem** = remain(ing) · **rep** = repeat(s) · **rev St st** = reverse stockinette stitch · **rnd(s)** = round(s) · **RS** = right side · **sc** = single crochet · **skp** = slip 1 stitch as if to knit, knit 1 stitch, pass slipped stitch over knitted stitch · **sk2p** = slip 1 stitch as if to knit, knit 2 together, pass slipped stitch over knitted stitch · **s2kp** = slip 2 stitches as if to knit, k 1 stitch, pass slipped stitches over knitted stitch · **sl** = slip · **st(s)** = stitch(es) · **St st** = stockinette stitch · **tbl** = through the back loop · **tog** = together · **wyib** = with yarn in back of work · **wyif** = with yarn in front of work · **WS** = wrong side · **yo(s)** = yarn over(s)

### Publisher's Info

**Publisher:** Lana Grossa GmbH, Gaimersheim, [www.lana-grossa.com](http://www.lana-grossa.com)  
**Photographer:** Lana Grossa